



**CHILDREN'S HOSPITAL**  
**UNIVERSITY OF ILLINOIS**

To the Parent/Guardian of:

Welcome to the Diabetes Clinic!

Your child has been scheduled for an appointment in Diabetes Clinic of the Children's Hospital University of Illinois

on:                      at:                      with:

We have enclosed a medical history form along with information about the Diabetes Clinic. Please fill out the medical history form ahead of time and bring to the clinic appointment and review the enclosed information. If this information applies to you, we ask that you bring your child's blood sugar records and insulin doses for the last 14 days with weekly meal time and bedtime blood sugar averages. If your child uses an insulin pump, please bring the total daily insulin and total daily bolus and basal insulin doses for the last 7 days as recorded in the pump. You will be asked to fill out a 24 hour food history when you arrive.

Please arrive 15 minutes before the scheduled appointment time to allow for parking and registration. The Diabetes clinic is inside the Children and Adolescent Center in 2E of the outpatient care center. If you have any questions please call the Diabetes Clinic at (312) 996-1795 or fax (312) 996-8218.

We look forward to meeting with you.

The Diabetes Team

Bienvenidos a la clínica de Diabetes

Su hijo/hija tiene una cita en la clínica de diabetes del Hospital de niños de la Universidad de Illinois:

Fecha:                      Hora:                      Con:

Por favor complete el cuestionario adjunto y lo tráigalo el día de su cita. Traiga también un diario con las mediciones de azúcar de su hijo/a y dosis de insulina de por lo menos las últimas 2 semanas. Incluya el promedio del azúcar en sangre a la horas de los alimentos y al acostarse. Si utiliza una bomba de insulina traiga las dosis de insulina basales, insulina total por día y total de bolos de insulina por día de los últimos 7 días.

Favor de llegar a la clínica 15 minutos antes de su cita. Se puede estacionar en el estacionamiento adjunto al centro de pacientes externos. La clínica de Diabetes se encuentra dentro del Centro para Niños y Adolescentes en el segundo piso sección 2E.

Para cualquier duda por favor comuníquese a la división de Endocrinología y Diabetes al Teléfono: 312-996-1795 o al Fax: 312-996-8218.

Atentamente,  
El equipo de diabetes



**Endocrine and Diabetes Clinic**

**Patient History**

Dear Parent,

Your child has an appointment in the Endocrine and Diabetes Clinic. We can serve you better if we have his or her full medical history. **Please answer these questions before your appointment if possible, and bring the form with you.** Use extra paper or write on the back page of the form if needed.

Thank you

Child's full name: \_\_\_\_\_ Birthdate: \_\_/\_\_/\_\_

Father's full name: \_\_\_\_\_ Birthdate: \_\_/\_\_/\_\_

Mother's full name: \_\_\_\_\_ Birthdate: \_\_/\_\_/\_\_

Parent's marital status:  married  single  divorced  widowed

Who has legal custody of this child?  Shared  mother  father  guardian

Home address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Preferred contact telephone number (\_\_\_\_\_) \_\_\_\_\_

Your child's primary doctor \_\_\_\_\_ Phone (\_\_\_\_\_) \_\_\_\_\_

**Please describe the reason your child was referred to our clinic.**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**MEDICAL HISTORY**

Pregnancy and birth history. Please respond about the pregnancy with this child.

Pregnancy lasted \_\_\_\_\_  weeks  months

Did mother smoke during pregnancy?  No  Yes . Drink alcoholic beverages during pregnancy?  No  Yes

use recreational drugs during pregnancy?  No  Yes

Were there any problems during pregnancy or with delivery?  No  Yes Please describe: \_\_\_\_\_

Baby's birth weight \_\_\_\_\_ length \_\_\_\_\_ Brought baby home after \_\_\_\_\_ days

Breast milk  yes  no how long? \_\_\_\_\_ Formula  yes  no how long? \_\_\_\_\_

Please describe any problems during the first 2 months of life: \_\_\_\_\_

**DEVELOPMENT**

How old was your child when he/she could: Sit without help \_\_\_\_\_ Walk \_\_\_\_\_ Run \_\_\_\_\_

Hop \_\_\_\_\_ Ride tricycle \_\_\_\_\_ Toilet trained \_\_\_\_\_ Said first word \_\_\_\_\_

First 2-3 word sentence \_\_\_\_\_ First tooth \_\_\_\_\_ All 20 baby teeth \_\_\_\_\_

Overall, did this child develop slower, faster, or about the same as other children? \_\_\_\_\_

School grade: \_\_\_\_\_ How is your child doing in school?  Above average  Average  Below average

Does your child require special education? \_\_\_\_\_ Last report card grades \_\_\_\_\_

**PUBERTY**

Has your child started to show pubertal development?  Unsure  No  Yes If yes, how old was your child when you first noticed: growth spurt \_\_\_\_\_ penis growth \_\_\_\_\_

Breast growth \_\_\_\_\_ body odor \_\_\_\_\_ testicle growth \_\_\_\_\_

First period \_\_\_\_\_ underarm hair \_\_\_\_\_ facial hair \_\_\_\_\_

Regular periods \_\_\_\_\_ pubic hair \_\_\_\_\_ voice change \_\_\_\_\_

**MEDICATIONS** (list all medicines, vitamins, and supplements including dose and approximate date started)

See medication list

Medication name/dose/frequency	Start date		Medication name/dose/frequency	Start Date

**ALLERGIES** (list all allergies and reaction) \_\_\_\_\_

**IMMUNIZATIONS/VACCINES**  Up to date  Not up to date  We do not vaccinate  Unsure

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**SURGERIES/OPERATIONS** (list any surgeries your child has had)

date	surgery	performed by- if known	where performed

**HOSPITALIZATIONS** (hospital stays not listed above)

date	reason for hospitalization	name of hospital, city, state

**MEDICAL PROBLEMS** (list problems with any of the following including details)

Skin problems, spots, or birthmarks \_\_\_\_\_

Brain, nerves, headaches \_\_\_\_\_

Vision, hearing, taste, or smell \_\_\_\_\_

Heart or blood pressure \_\_\_\_\_

Breathing \_\_\_\_\_

Weight or height \_\_\_\_\_

Eating (swallowing, appetite) \_\_\_\_\_

Stomach or bowels (constipation, diarrhea) \_\_\_\_\_

Kidneys, bladder, or urination \_\_\_\_\_

Frequent infections \_\_\_\_\_

Muscles or bones \_\_\_\_\_

Weakness or coordination \_\_\_\_\_

Blood \_\_\_\_\_

Psychiatric or behavior \_\_\_\_\_

Sleep (restless, snoring, sleepwalking) \_\_\_\_\_

Activity/energy \_\_\_\_\_

**FAMILY HISTORY** Please answer these questions about blood relatives (use back page of form if needed).  
Please indicate if a parent was adopted.

	age	height/weight	age at puberty	health problems
Birth father	_____	_____	first shaved _____	_____
Birth mother	_____	_____	first period _____	_____
Birth sibling M/F	_____	_____	_____	_____
Birth sibling M/F	_____	_____	_____	_____
Birth sibling M/F	_____	_____	_____	_____
Birth sibling M/F	_____	_____	_____	_____

Birth father's family (paternal side):

	age	height/weight	health problems
Father's father	_____	_____	_____
Father's mother	_____	_____	_____
Father's brothers	_____	_____	_____
Father's sisters	_____	_____	_____

Birth mother's family (maternal side):

	age	height/weight	health problems
Mother's father	_____	_____	_____
Mother's mother	_____	_____	_____
Mother's brothers	_____	_____	_____
Mother's sisters	_____	_____	_____

Other biologic family: Does anyone in the family have problems with anything listed below? Please list which side of the family relative to your child (for example, maternal grandmother).

Poor growth _____	Thyroid problems _____
Early or late puberty _____	Adrenal hormone problems _____
Diabetes _____	Kidney problems _____
High cholesterol _____	Heart attack before age 55 _____
High blood pressure _____	Stroke before age 55 _____

Developmental delays \_\_\_\_\_ Childhood death \_\_\_\_\_

Tumors in children \_\_\_\_\_ Marriage between relatives \_\_\_\_\_

**SOCIAL HISTORY**

Who lives with this child? \_\_\_\_\_

If parents are not together, does he/she spend time with both parents? \_\_\_\_\_

Are there any pets? \_\_\_\_\_ Does he/she attend daycare? \_\_\_\_\_

Is your child involved in activities (music, sports, dance, scouting, church, etc)? \_\_\_\_\_

\_\_\_\_\_

Is there anything else you think we should know about your child? \_\_\_\_\_

\_\_\_\_\_

Parent's signature \_\_\_\_\_ Date \_\_\_\_\_

Staff signature \_\_\_\_\_ Date/time \_\_\_\_\_