

UI Health Hospital & Clinics

ROUNDUP

SEPTEMBER 2017



**DO NOT
FORGET!**

**FLU SHOT DAY
TUESDAY, OCT. 3
6:30 AM TO 7 PM
Hospital Conference Room 1130**

The flu shot is mandatory for all UI Health employees and volunteers. Students with clinical assignment will be eligible for free vaccinations Oct. 3 only. Hospital ID and I-Card are required.





**Be one in 1,000,000
for a better future.**

National Research Program Opens to UI Health Community

A new precision medicine research program is now open to UI Health patients.

The All of Us Research Program is a historic national effort to advance the use of precision medicine to improve health by gathering data from 1 million+ people living in the U.S. Any adult who has received care at the University of Illinois Hospital & Clinics is eligible to participate in the study.

While the research program will not open to public participation until later in the fall, UI Health patients and the UIC community can participate in the program beginning in September.

Participants in the program will share health information, such as lifestyle habits, medical history, family history, vitals (blood pressure, height, weight), and blood samples. Participants can choose their level of involvement and will be provided with study results and program data.

With the data, All of Us hopes to improve the medical and research community's ability to design disease-prevention and -treatment strategies around individuals based on their genes, environment, and lifestyle.

"For too many years, medicine has been based around the 'average patient,' often to the detriment of vulnerable, minority communities whose circumstances and health risks are unique and far from average," said Dr. Robert Winn, associate vice chancellor of community-based practice and director of the University of Illinois Cancer Center.

"A one-size-fits-all approach to medicine is less than efficient, but until now, research alternatives have been limited," added Winn, one of the study's two principal investigators.

All of Us is funded by a five-year, \$45 million award from the National Institutes of Health to UIC, Northwestern University, and the University of Chicago.

"We have a unique opportunity to change the face of medicine," said Dr. Martha Daviglius, associate vice chancellor for research and executive director of the Institute for Minority Health Research and the other principal investigator of the study.

People interested in participating in the program can email joinallofus@uic.edu or call **312.996.2778**.

UPCOMING EVENTS

Sept 10-16 *National Healthcare Environmental Services Week
Nephrology Nurses Week*

Sept 17-23 *National Surgical Tech Week &
National Rehabilitation Awareness Week*

DID YOU KNOW?

NEWS FROM AROUND UI HEALTH

7TH ANNUAL QUALITY & SAFETY FAIR

Quality & Safety Fair 2017

Share your poster-making skills at the Quality & Safety Fair on Tuesday, Oct. 17! This is a great opportunity to share improvement projects, research, and innovative ideas for patient care with your colleagues. If your team, department, or unit has made gains in patient care, submit your poster soon! Contest deadline is Oct. 2. For more information, please contact Barbara Pearce at bpearce@uic.edu, or visit the intranet. Awards will be presented to winners of the poster contest and games.

Get Ahead of Sepsis

September is Sepsis Awareness Month! Sepsis is the leading cause of death in U.S. hospitals. **UI Health clinicians play an essential role** in combating sepsis.

Please remember to:

- **Prevent Infections:** Good hand washing habits are crucial.
- **Think Sepsis:** Know the signs and symptoms of sepsis.
- **Act Fast:** Initiate the 3-hour Bundle and follow through with the 6-hour Bundle. Think **CALF** and **VEAL**. (Please see sepsis badge image.)
- **Reassess** your patients and your management plan frequently.
- **Document** your clinical reasoning.
- **Educate** patients and their families about sepsis.

UI Health has taken steps to improve sepsis outcomes by implementing EHR alerts, guidelines, and order sets. Sepsis badges are now available for all clinicians. Residents can pick up their badges from their program coordinators. Attending physicians and nurses can obtain their badges when receiving their flu vaccines on Tuesday, Oct. 3.

UI Health | UIC

SEPSIS: **CALF** and **VEAL** Bundles
Complete bundle within the timeframe.

3-Hour

- C**ULTURES
- A**NTIBIOTICS
- L**LACTATE
- F**LUIDS (30 mL/kg)

6-Hour

- V**ASOPRESSORS: To keep MAP 65
- E**VALUATE O2 Saturation & CVP
- A**SSESS Volume Status
- L**LACTATE: Repeat if Initial Lactate > 2

Hip-hop Artist Visits Sickle Cell Patients

Grammy-nominated hip-hop artist Jidenna visited UI Health sickle cell patients here Aug. 3. Jidenna was in Chicago as part of his “Long Live the Chief” tour and to perform at Lollapalooza. He was joined by producer/DJ Nana Kwabena, the founder of AllOneBlood, a sickle cell advocacy organization. The pair stopped by to visit patients and learn more about the Sickle Cell Program at UI Health. Kwabena himself has sickle cell disease, and his sister, Ama Baffoe-Barrie, is a fourth-year student in the UIC College of Medicine.



CONGRATS

to our 2017 Physician and
Resident of the Year awardees!



2017 Resident of the Year
Dr. Hiram Isaac
Department of Surgery



2017 Physician of the Year
Dr. James Bui
Department of Radiology

Thank you for your commitment to our community
and providing outstanding patient care.

RISING STARS: JULY 2017

CARE Award
Team Radiation Oncology
Elizabeth Scheiber, CDU